



THE COG

Rotary Club No. 3503

P. O. Box 544,

St. Marys, OH 45885.

www.stmarysrotary.org

May 25, 2016

Call to Order

President Kathy Sampson opened the meeting and Alex Pittman offered the invocation. The Club then recited the Pledge of Allegiance.

Guests / Song / Birthdays

Visiting Rotarian Sharon Heinrich (Gaston Breakfast Club, NC) and Jan Heinrich were guests of Jim, Jenny Thompson was a guest of Kevin Wolfe and Kris Hall was a guest of Jon Hall.

Alex Pittman led the Club in the "singing" of "When the Saints Go Marching In". There were no members present that were celebrating birthdays.

Happy Dollars

Kathy Sampson was happy for a visit with the Gorby's and a ride in Ron's very fast muscle car, Ellen Hunter for

today's speaker and for the members who handed in their committee requests, Rebecca Regnet for the Arts Place Wine Tasting event on June 24, Dan Hosek for the new president at AAP, Dan Burke for his chance at the queen last week, Linda Haines for the Grand Lake Hospice Memory Gardens by the High Street Shelter House, visitor Sharon Heinrich for her family's 60 years in business, Sue Pittman for an author visit at the library on June 6 and the start of the Summer Reading Program, Jim Heinrich for his daughter visiting and for a successful auction so far, Rita Hilty for new landscaping and aerators at Otterbein, and Gayle Masonbrink for a trove of old negatives found at the Leader.

Fines

Travis Elsass did the fines today and fined Jim Heinrich for blocking traffic yesterday, Susan Crotty, Dan Hosek, Kevin Wolfe, Keith Fledderjohann and anyone who didn't have their garden in yet.

Announcements/ Presentations

- Don Hinckley presented President Kathy with the bronze level Presidential Citation from RI.
- Kathy presented Rita Hilty with a check for our support of the Life Enrichment Center.



- Kathy will follow up with those who pledged to help with the new AV equipment.

Program

PE Ellen Hunter introduced Deb Andrews. Deb is a graduate of Lima Senior High, and went on to get her BS and Masters in Social Work from The Ohio State University. She worked at the Allen County Children Services Agency for 16 years. While at work one day her coworkers noticed that her speech was slurred and her thoughts were erratic. Turns out she was having a stroke



At the hospital the doctors told her family that she wouldn't make it through the night. She describes herself as a fighter and she did survive. The doctors were wrong and you can get better even if the medical profession does not have faith that you can.

The stroke happened eight years ago. The hardest part for her was not being able to be there for her young children. She couldn't talk for a year. While at OSU Hospitals she underwent physical, speech and occupational therapy. After being in bed for a year she had to

relearn how to do basically everything, including walk and take care of herself. The stroke impacted the right side of her body and her handwriting is still affected.

She is proof that with hard work and determination you can fight back from a stroke. Everyone should focus on being the best person that they can be, and you never know how your behavior will impact those around you. We are all here for a reason.

There is not really anything you can do to prevent stroke. It is quick and silent. The key is to recognize the signs of a stroke and seek quick medical attention. Signs include slurred speech, face droop, and weakness in your arms or legs.

Queen of Hearts

Jeff Squire won the weekly drawing but pulled the Joker and ended up give Bev Wilker \$5.

Upcoming Programs

- 6/1/16 Randy Haberkamp
- 6/8/16 Chuck Stammen

Upcoming Greeters

- 6/1/16 Randy Elsass
- 6/8/16 Frank Klatt

The meeting was adjourned after recitation of the "Four Way Test".

*** Please note: All Rotarians scheduled to greet, please be in place by 11:30 a.m.**

