



The Cog

Rotary Club No. 3503
P. O. Box 544,
St. Marys, OH 45885.
www.stmarysrotary.org
November 26, 2014

Call to Order

President Randy Elsass called the meeting to order and Allen Baskett offered the invocation, followed by the Pledge of Allegiance.

Kraig Noble led us in song with "America" because it had the word "Pilgrims" in it. Happy Birthday was sung to Allen Baskett.

Our visitors and guests today included Stan Sanford and Alicia Luck, guests of Tami Sanford, Elizabeth Sampson guest of Kathy Sampson, Kathy Gorby guest of Ron Gorby, and Jan Heinrich guest of Jim Heinrich.

Happy Dollars

Our "Happy Rotarians today included Tami Sanford, Jim Heinrich, Randy Elsass, Susan Crotty, Kraig Noble, Ron Gorby, Trisha Barnes, Dick Hudson, and Dan Burke.

Fines

Jon Hall was our "Fine Master today...although his fines were few, we all took a hit!

His victims included the Cog Committee, Kathy Sampson, Travis Elsass, anyone Eating Turkey tomorrow, anyone Not Eating Turkey tomorrow, Anyone traveling more than three blocks tomorrow, anyone Not traveling more than three blocks tomorrow.

Announcements

- Join us for our First Annual Evening Christmas Meeting
 - When- December 10th
 - 6:00 p.m.
 - Where – Eagles
 - Special Guest – Santa
 Please bring your children, grandchildren or a neighbor child! We want to celebrate with the little ones!
 - Please RSVP by December 1st with your guest count!
 - Respond by email or contact Mark Ashman
- The adult Christmas exchange will be December 17th at our regular time. 3 Steals \$20 Gift
- Orientation program sometime in January
- No Rotary Dec.24th & 31st.
- Randy recognized Robbie Burke who has brought in 4 new Club Members to date..."Good Job Robbie!
- Ed Raudabaugh is recovering from Hip Replacement Surgery, doing his rehab at Otterbein St Marys.
- No Board Meeting next week.

Program

Krista Sanford was our special guest speaker today. Krista is the daughter of Tami and Stan Sanford. She is a graduate of Memorial High School and Ohio University.

After graduation Krista began her professional career in Public Relations

in Columbus, Ohio. After 5 years in PR Krista switched her focus to Technology. Having achieved success there as well, she then turned her energies to helping others as a Career & Life Coach.



She wanted to help others learn how to live a balanced, fulfilled, passionate life without ever settling. Particularly, focusing on the balance of a career with every other aspect of our lives. She helps people identify and leverage their strengths to improve their current situation and then layer on what they love to ensure that their new situation is more fulfilling. There needs to be a balance of idealism and realism.

So after 10 years of saying, "What am I going to do with my life?" She realized that everything she had done up until that point led her right where she needed to be. Krista says she will continue to learn, grow and focus on this passion. She says "As I learn, my network learns. Evolution is a process, and...I believe that we must invest in our growth."

Krista says personal and professional development is all about customizing a plan for you. Her primary focus is helping you make changes in your life to make it the life you truly want. It doesn't happen

overnight, but with continued focus, the right tools and some support, you can absolutely make the changes you've been yearning for.

Krista describes herself as an Extrovert; Social and personable; Intuition-driven with a practical side; Highly aware of others' state and situation; Focused on success and outcomes; Decisive; Natural leader; Big picture thinker with a strong handle on the details to organize information quickly; with a Big appetite for public speaking.

Krista offers both Individual and Corporate Coaching services. Check out her personal website and blog at www.kristasanford.com.

Queen of Hearts

Pat Cogan had the winning ticket for the drawing but the Queen got away...again!

Upcoming Programs

- 12/3 John & Julie Kraner
- 12/10 Santa & Kids (6:00pm)

Upcoming Greeters

- 12/3 Jon Hall
- 12/10 Kevin Harlan

Please note: All Rotarians scheduled to greet, please be in place by 11:30 a.m.

The meeting was adjourned with the recitation of the "Four Way Test".

