



The Cog

Rotary Club No. 3503
P. O. Box 544,
St. Marys, OH 45885
www.stmarysrotary.org
November 20, 2013

Call to Order

President Dan Burke called the meeting to order. Kathy Sampson offered the invocation, followed by the Pledge of Allegiance. Jeff Squire led us in singing "Rotary, My Rotary" (to the tune of "O, Tannenbaum") to ease us into the holiday season. We welcomed guests Steve Smith from the New Bremen/New Knoxville club and Jan Heinrich. All joined in wishing Karl Dammeyer, Linda Haines, Mark Ashman, and Jon Hall a Happy Birthday!

Happy Dollars

President Dan read a thank you note sent to us from the New Knoxville students that visited us. He was happy for our organization and for working with Linda Tebbe; PE Randy was happy for last week's program and for Bev Wilker's help setting it up; Kraig for the 150th anniversary of the Gettysburg Address (but he did not recite it); Robbie gave a dollar on Ken Strickland's behalf, she

announced that she was still selling shirts, and she was happy for generous Rotarians participating in the Shelterbox Relief project; Ron Gorby for Elizabeth Sampson being on Ryan Seacrest's radio show and wowing him with her singing; Linda Vogel for the stupidity of bank robbers not wearing masks; Dan Hosek for AAP hiring and for decorating for Christmas with grandkids; Keith F. for daughter Megan's wedding; Don H. for the Bucks win; Ellen for Rev. Richtmyer happily paying attention to her tinnitus speech; Jim Heinrich read comments his daughter Sharon made to her club members on the recent typhoon; and Rick Gerdeman asked for thoughts and prayers for his father's upcoming surgery.

Fines

Rick G. enthusiastically served as fine master. He stumped many members on questions related to this day in history, including Brad Seitz, Rev. Maki, Keith F., Gary Newton, Travis Elsass, Kraig, Joe Burke, and Linda H. Ron G., Alex P., Mark A., Robbie, and Jon H. got questions right, but Kraig was fined another 50¢ for helping Mark.

Announcements

President Dan announced that the Rotary billboard for Polio Plus will be located at Indiana Ave. & Sturgeon St. and will include our club's name on it.

Don H. passed around a card for District Treasurer Robbin, who had bypass surgery, and for our past District Governor whose wife recently passed away.

Proposed Members

Mike Wilker, Bev Wilker and Alisher Khudakulov have been proposed for membership. If you have any questions, please contact Don Hinckley.

Program

PE Randy introduced today's speaker Christy Shell. Randy said he has heard her speak and she is very motivational, and as a life coach she brings you to a lot of ideas you wouldn't reach on your own.

Christy said her husband brought her to New Bremen where she currently resides. She has worked for 22 years in corporate consulting and has three certifications. She is the founder and creator of Zeal Coaching and Team Ascent Consulting. Through Team Ascent, she works with companies on corporate team development.



Christy has a lot of experience coaching mid- to upper-level executives, helping young supervisors improve their skills, and serving as a mediator within teams. She does conflict resolution, facilitates corporate retreats, and helps with leadership development and performance. She said emotional intelligence is important for success and works a lot with clients on that.

Zeal Coaching is the personal development side of her business through which she does life coaching, such as helping people through career transitions and coping with stress, and she also does

teen career coaching which is a growing need. She helps teens get past their fears and focus on their skills, allowing them to figure out direction for their future careers.

Technology is allowing Christy to do virtual coaching sessions and she is growing her client base in several states.

Christy gave examples of some people she has helped turn their lives around, such as an adult who had worked in industry for years whom she helped transition into the ministry, and a college student she coached who turned things around and got out of a major he wasn't interested in and got on the right career path. Kraig suggested that she contact our federal legislators to help them out!

Queen of Hearts

Alex P. won the drawing but the Queen lives...

Upcoming Programs

11-27 Thanksgiving program with Elizabeth Sampson
12-4 Big Brothers/Big Sisters
12-11 Rotary at Otterbein
12-18 Rotary Christmas Party

Upcoming Greeters

11-27 Dan Hosek
12-4 Mark Ashman
12-11 Gary Newton

**Please note: All Rotarians scheduled to greet, please be in place by 11:30 a.m.*

The meeting was adjourned following the recitation of the **Four Way Test of the Things We Think, Say or Do:**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?