



*The Cog*  
**Rotary Club No. 3503**  
**P. O. Box 544,**  
**St. Marys, OH 45885.**  
[www.stmarysrotary.org](http://www.stmarysrotary.org)  
*March 13, 2013*

#### **Call to Order**

President Robbie Burke called the meeting to order. Kathy Sampson offered the invocation, followed by the Pledge of Allegiance. Kraig Noble led us in singing "In the Good Old Summertime." Jeff Vossler introduced our guests and visiting Rotarians. Gayle Masonbrink and Ron Meyer were guests of Kathy Sampson. We had seven visiting Wapak Rotarians: Kathy Keller, Randy Fisher, Josh Little, Nicole Brown, Joe Osborn, Shanna Holland, and John Price. Also at today's meeting were six St Marys Memorial High School Seniors. Jeff Vossler, Jim Harris, and Brad Seitz celebrated birthdays this week.

#### **Happy Dollars**

Robbie Burke, Kevin Harlan, Linda Haines, Shawn Brown, Gary Newton, Kraig Noble, Marty Dodrill, Sue Pittman, Mike Makley, Keith Fledderjohann, Dan Burke, Josh

Little, and Sandy Gerdeman were happy today.

#### **Fines**

Sandy Gerdeman was our finer today and she quizzed us on Joint Township District Memorial Hospital. Her victims included Susan Crotty, Kraig Noble, Gary Newton, Jim Henrich, John Wale, Mike Makley, Kathy Sampson, Jon Hall, Linda Vogel, Rick Green, Sue Pittman, Beth Noneman, and Jeff Vossler was fined \$2.00 for missing his trivia question on JTDMH.

#### **Announcements**

District Assembly is April 13<sup>th</sup>.

May 17<sup>th</sup>-19<sup>th</sup> will be this year's District Conference to be held at Put-In-Bay.

Our club's Annual Banquet will be held the evening of June 13<sup>th</sup>.

The Dueling Piano's fundraiser will be held April 27<sup>th</sup> at the VFW.

The Red's outing was rescheduled to a night game on April 21<sup>st</sup>. Tickets are \$30. Reds vs Marlins

#### **Program**

Dan Burke introduced our speaker, Michelle Wasmund. Michelle has been in healthcare for over 25 years, serving seven years as Director of Laboratory Services prior to joining the leadership team at JTDMH in 2000. She served seven years as Director of Outpatient Services, responsible for Radiology, Rehab, Occupational Health, Outpatient Clinics, Lab, Cardiac Rehab and Diagnostics, Registration and Central Scheduling. She led the hospital accreditation/quality team and has

served on the Corporate Compliance Committee. Michelle moved into her role as Executive Director of Physician Practices in December of 2007.



Michelle was here to speak with us about the Patient Centered Medical Home model of care. MHC is a new initiative in health care that focuses on a proactive approach to patient health. It is designed to enhance communication between providers, patients, and insurers while providing more comprehensive and frequent care.

Currently it is not uncommon for 5+ years to go by between doctor visits for most folks. This is a reactive approach. MHC is geared towards a comprehensive exam and detailed medical record updates on each visit for better overall health and preventative care.

For example, most children see their Pediatrician yearly until they start school. At that point many don't come back until middle school immunizations and then possibly once before college. Childhood obesity is a growing epidemic in American. The idea is if the child would see the Pediatrician yearly it would give the doctor and parents the opportunity to talk about a healthier lifestyle at the first sign of the child's height/weight ration getting out of proportion.

Not only does this model of care benefit our health, it may benefit our checkbook too. Many insurance companies will provide discounts if you see a physician that is a certified MHC provider.

#### **Queen of Hearts**

Linda Vogel won the daily drawing but could not find the Queen.

#### **Upcoming Programs**

- 3-20 Director of Bands-St Mary's School w/ SMABB's trip to the Citrus Bowl
- 3-27 Sean Stroh- Update on Neil Armstrong Airport
- 4-3 Mel Honig- member of Sylvania Rotary Club and their project in Central America
- 4-10 Vince Koza with Columbus Blue Jackets announcer George Matthews

#### **Upcoming Greeters**

- 3-20 Jon Hall
- 3-27 Randy Elsass
- 4-3 Bill Maki
- 4-10 Rick Gerdeman

*\*Please note: All Rotarians scheduled to greet, please be in place by 11:30 a.m.*

The meeting was adjourned following the recitation of the Four Way Test of the Things We Think, Say or Do:

Is it the TRUTH?

1. Is it FAIR to all concerned?
2. Will it build GOODWILL and BETTER FRIENDSHIPS?
3. Will it be BENEFICIAL to all concerned?
4. Will it be BENEFICIAL to all concerned?