



The Cog
Rotary Club No. 3503
P. O. Box 544,
St. Marys, OH 45885.
www.stmarysrotary.org
July 25, 2012

Call to Order

President Robbie Burke called the meeting to order. Allen Baskett offered the invocation, followed by the Pledge of Allegiance. Kraig Noble led us in singing Ellen's favorite song... "In The Good Old Summer Time." We had the visitor today, Noah Hartsock, son of Paige Canfield, Alex Pollman, guest of Kevin Harlan, and our guest speaker and visiting Rotarian from the Celina Club Dan Uhlenhake.

Happy Dollars

Our Happy Rotarians today included Robbie Burke, Linda Vogel, Sandy Gerdeman, Jon Wale, Kevin Harlan, and Jason Little.

Fines

Ellen Hunter handed out fines today. Her victims included Jeff Squire, Tim Dicke, Rick Green, Jason Little, Kraig Noble, Kevin Harlan, Mick Teman, Susan Crotty, Kathy Sampson, Jim Heinrich, Mike Makely, and Tami Sanford. She also fined anyone else who failed to read the Rotarian Article she was quoting today.

Announcements

We have two new proposed members: Shawn Brown and Phil Schumm.

The Summerfest shifts are covered. The Touchdown Club helped fill the vacant slots.

There will be a board meeting next week at 10:45 am prior to our regular Rotary meeting.

Please pay your dues.....

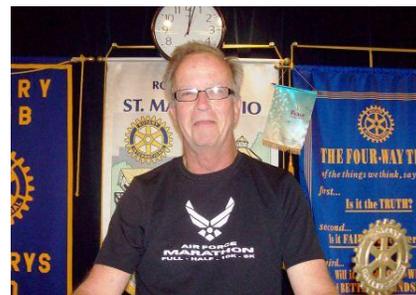
Our Program Today

Dan Uhlenhake from the Celina Rotary Club was our guest speaker today. Dan is the Manager at Grand Lake Builders Supply. Dan has the distinction of having run a marathon in all 50 states.

As a young man, Dan was overweight and a heavy smoker. His doctor put him on high blood pressure meds. Dan wasn't too thrilled with that method of treatment so he started running at the YMCA and he changed his diet to salads. Dan ran for short distances in the beginning, careful not to overdo it. He continued to increase his distances until, at age 50, he

decided to try his first marathon in Columbus, Ohio...then he was hooked.

It wasn't until Dan met a runner at the Van Wert, Ohio marathon event that he got the idea to run a marathon in all 50 states. Dan spoke of the friends he's made and the places he's run. He joined the 50 States Club and the Marathon Maniacs, a group that prided itself on doing or wearing something unusual during a marathon. Dan has also run two marathons in one day!



Dan has had the opportunity to meet some very famous runners. The list included Bill Ryan, Frank Shorter, and Bill Galloway. Dan also met Sean Thompson, who ran 50 marathons in 50 days!

Some of Dan's most memorable marathons were in Jacksonville, Florida at Christmas time, a Civil War Battlefield, Death Valley where they started at 5:00 am to avoid the heat of the day, Salt Lake City where they started running in the cold and finished in the heat, Anchorage, Alaska, Montana next to a Grizzly Bear reserve, the Yakama Valley with Bald Eagles flying overhead, and Maui on the beach with homeless people along the beach..."not a bad place to be homeless" according to Dan.

It took Dan 9 years, 54 pairs of shoes, and approximately \$3,000 in entry fees to reach 50 marathons...one in every state. Although Dan has officially retired from running marathons...26.2 miles, he continues to run...mostly 5K's...3.1 mile events.

Queen of Hearts

Tami Sanford won the weekly drawing today but the Queen eluded her.

Upcoming Programs

- 8-1 Mary Beth Torsell
American Cancer Society
- 8-8 Cheryl Bellamy & Stephanie
Hardin-Dog Park Project
- 8-15 Lynn Taylor
Freedom 101
- 8-22 Andy Lynch WTLW/WOSN
Sports Personality

**Please note: All Rotarians scheduled to greet, please be in place by 11:30 a.m.*

The meeting was adjourned following the recitation of the Four Way Test of the Things We Think, Say or Do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

"Peace Through Service"