



# The Cog

## Rotary Club No. 3503

P.O. Box 544 \* St. Marys, OH  
45885

[www.stmarysrotary.org](http://www.stmarysrotary.org)  
January 12, 2011

**Call to Order** -- President Kimberli Rompilla called the meeting to order. Pastor Bill Maki offered the invocation, followed by the Pledge of Allegiance. Kevin Lawler led the club in singing "All Hail to Rotary" followed by "Happy Birthday" to Doris Lawler and Ken Strickland. Guests for the day included visiting Rotarian Hodge Drake from the Celina club and five seniors from Memorial High School: Joel Perry, Kaitlyn McBride, Tanner Zizzelman, Danielle Danaher and Chandler Swanson.

**Happy Dollars** -- Happy dollars were shared by Dan Burke as his daughter landed a part-time job at the state capital, John Wale for the girls basketball team, Scott Ross for bowling team victories, Ellen for her son William beginning to read at 18 months, Kevin Lawler \$100 for his mom's 90<sup>th</sup> (because he won't make

change in the collection plate), Kimberly Rompilla in honor of Doris at her party, and Derek Vogel in a commercial for JB Pastries.

**Fines** -- Derek Vogel was also fine master and as it was time to make more doughnuts, he fined members 50 cents each for not wearing a badge, not wearing a pin and/or not having breakfast at JB Pastries.

### **Announcements:**

\* A card was being circulated for Linda Vogel after a recent surgery.

\* Kimberli challenged the club to step up and donate items for MESA including toothbrushes, toothpaste, medicine for lice and vitamins. A collection box will be in place next week.

\* Don Hinckley announced the club has been asked to sell the beer at Summerfest next year. A questionnaire was distributed asking members' opinions about this opportunity.

\* Mick Thieman and Paige Canfield were recognized for completing the mentorship program set up by the membership committee. Paige was mentored by Linda Haines; Mick was mentored by Marty Dodrill.

### **Program**

VP Robbie Burke then introduced Jody Poff, owner of the Peak Submission Shoot Box Academy on Spring Street in downtown St. Marys. Jody shared information about his business and his experiences in martial arts.

Jody himself has more than 30 years in martial arts experience. He has a third-degree black belt in Dragon Kenpo and Submissions. He is a

master instructor in Shoot Boxing. He is a professional MMA (mixed martial arts) fighter with national and international experience having fought in Russia, Japan, Finland and British Columbia.



His academy offers classes in shoot boxing, jiu jitsu, mixed martial arts, cardio kick boxing, personal training, strength and conditioning and wrestling.

His mission is to give back to the community and give kids something to do and look forward to. A coach in the Celina after provided that opportunity for him and Jody wants to do the same.

He teaches his students that martial arts is a discipline and an art and that it is an honor to learn these techniques. Martial arts are often misunderstood, Jody said.

Also at the academy are Sean Barnett of St. Marys and Derik Sowers of Houston, both of whom are also professionally recognized as MMA competitors.

Also with the martial arts classes, Jody works with local wrestlers for strength and conditioning. He said the training the kids receive help

them go the distance in their matches.

For more information, contact Jody at the academy at 11 W. Spring St. or at 419-203-6530.

### **Queen of Hearts:**

Birthday girl Doris Lawler won the daily drawing but did not find the queen.

**Potential Members** – The following are under consideration for membership: Patrick McGowan and Lorraine Fischio. Anyone with comments is asked to contact Don Hinckley.

### **Upcoming Programs**

- 1-19 Rhonda Moeller  
JTDMH Hospice
- 1-26 Dan Hosek – AAP St. Marys

### **Upcoming Greeters**

- 1-19 Mick Temen
- 1-26 Derek Vogel

*\*Please note: All Rotarians scheduled to greet, please be in place by 11:30 am.*

The meeting was adjourned following the recitation of the Four Way Test of the Things We Think, Say or Do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FREINDSHIPS?
4. Will it be BENEFICIAL to all concerned?